Address: Amberley, Killiney Road,
Dalkey, Co Dublin. A96YY57
Email: info@activeireland.ie
Phone: +353 89 2299458
Web: www.activeireland.ie

Appendix B – Packing List

Please ensure **all clothing and personal belongings are clearly labelled with the participant's name.**

Our camps are outdoors in all weather conditions. Participants should bring practical clothing suitable for outdoor adventure that they don't mind getting wet or muddy.

Clothing

☐ T-Shirts
☐ Hoodies / Warm Jumpers
☐ Tracksuit Bottoms / Outdoor Trousers
☐ Shorts
☐ Underwear
☐ Plenty of Socks
☐ Nightwear / Pyjamas

Outdoor Clothing & Footwear

☐ Waterproof Jacket
☐ Waterproof Trousers (Strongly Recommended)
☐ Sturdy Walking Shoes or Hiking Boots
☐ Comfortable Runners
☐ Flip-Flops / Sliders (for showers and the beach)
☐ Sun Hat or Cap

Swimming

☐ Swimwear
☐ Beach / Bath Towel

Toiletries

☐ Toothbrush & Toothpaste
☐ Shampoo
☐ Shower Gel / Soap
☐ Face Cloth
☐ Hairbrush / Comb
☐ Deodorant
☐ Personal Hygiene Products

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Essential Items

☐ Refillable Water Bottle
☐ Small Day Backpack
☐ Sun Cream
☐ Insect Repellent
☐ Prescribed Medication (if applicable)

Optional Items

☐ Book
☐ Playing Cards or Small Travel Game
☐ Musical Instrument (always encouraged!)
☐ Head Torch/ Torch
☐ Hair Dryer
☐ Spending Money (€20–€30 recommended)

A small tuck shop is available at the hostel for snacks and drinks.

Glenmalure – Extra Items (Camping Nights)

☐ Sleeping Bag
☐ Pillow
☐ Torch or Head Torch (essential)

There is no phone signal at Glenmalure, so a torch is a must.

Please Do Not Bring

- Alcohol
- Cigarettes, vapes or nicotine products
- Illegal substances
- Knives, weapons or fireworks
- Valuable jewellery or expensive personal items
- Gaming consoles
- Bluetooth speakers
- Unauthorised medication

Active Ireland cannot accept responsibility for lost, stolen or damaged personal belongings.